



Italian Association
of Sleep Medicine
– AIMS –

March 11-16 **2022**
WORLD SLEEP
Rome • Italy



A.I.M.S. Associazione Italiana
di Medicina del Sonno

AIMS ANNUAL MEETING
FRIDAY, MARCH 11 & SATURDAY, MARCH 12
ROMA CONVENTION CENTER LA NUVOLA

PRELIMINARY PROGRAM

ABOUT AIMS

The Italian Association of Sleep Medicine (AIMS) is a multidisciplinary professional scientific society dedicated to promoting scientific research and clinical training in sleep medicine. In addition, AIMS promotes a more general awareness of sleep health and disorders among the Italian public. Founded in 1990, AIMS currently has over 400 members and organizes an annual meeting.

ORGANIZING & SCIENTIFIC COMMITTEE

Conference President

Giuseppe Plazzi (Bologna – Modena)

Dario Arnaldi (Genova)

Giulio Alessandri Bonetti (Bologna)

Enrica Bonanni (Pisa)

Maria Rosaria Bonsignore (Palermo)

Cinzia Castronovo (Milano)

Luigi De Gennaro (Roma)

Francesco Fanfulla (Pavia)

Luigi Ferini Strambi (Milano)

Raffaele Ferri (Troina – En)

Sergio Garbarino (Genova)

Biancamaria Guarnieri (Pescara)

Michelangelo Maestri Tassoni (Pisa)

Raffaele Manni (Pavia)

Lino Nobili (Genova)

Laura Palagini (Pisa)

Monica Puligheddu (Cagliari)

Alessandro Silvani (Bologna)

Claudio Vicini (Forlì)

REGISTRATION RATES	DEADLINE FEBRUARY 1, 2022
AIMS member	€ 250,00 VAT included
Non-member	€ 350,00 VAT included
Students (under 35 years)	€ 80,00 VAT included

REGISTER AT [WORLD SLEEP CONGRESS.COM/AIMS](https://worldsleepcongress.com/aims)

CME

Italian CME credits will be provided.

PRIMARY CONGRESS TOPICS

- PLMS
- BASIC SCIENCE OF SLEEP
- NEW MARKERS IN OSA
- NARCOLEPSY: FROM BASIC SCIENCES TO CLINICAL SLEEP MEDICINE
- NON-VENTILATORY THERAPIES FOR OSA: WHEN, HOW, WHY 2021
- INSOMNIA

ORGANIZING SECRETARIAT AND CME PROVIDER



Avenue media®
Conference & Expo

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PRELIMINARY PROGRAM FRIDAY, MARCH 11, 2022

12.00 – 13.00

REGISTRATION OF PARTICIPANTS

13.00 – 13.30

OPENING LECTURES

The contribution of Sleep Medicine in Italy

Giuseppe Plazzi (Bologna);

Luigi Ferini Strambi (Milano)

13.30 – 14.45

PLMS: TREATMENT IMPLICATIONS IN SLEEP AND NEUROLOGIC DISORDERS

Chair: Marco Zucconi (Milano)

13.30 – 13.45

PLMS TREATMENT: PRO AND CON

Marco Zucconi (Milano)

13.45 – 14.00

PLMS RESPONSIVENESS TO DRUG THERAPY

Marco Zucconi (Milano)

14.00 – 14.15

EFFECTS OF ANTIDEPRESSANTS ON PLMS

Raffaele Ferri (Troina – En)

14.15 – 14.30

PLMS AND OSA – ARE THEY INDEPENDENT?

Carolina Lombardi (Milan)

14.30 – 14.45

DISCUSSION

14.45 – 16.00

BASIC SCIENCE OF SLEEP

Chairs: Luigi De Gennaro (Roma);

Alessandro Silvani (Bologna)

14.45 – 15.00

NEUROBIOLOGICAL MECHANISMS OF DREAM RECALL

Serena Scarpelli (Roma)

15.00 – 15.15

LOCAL SLEEP-LIKE SLOW WAVE INTRUSION DURING WAKEFULNESS: INSIGHTS FROM BRAIN-INJURED PATIENTS

Simone Sarasso (Milano)

15.15 – 15.30

THE ROLE OF SLEEP IN RECOVERING FROM NATURAL AND SYNTHETIC TORPOR: A FOCUS ON TAU PROTEIN

Marco Luppi (Bologna)

15.30 – 15.45

EEG ALTERATIONS DURING WAKE AND SLEEP IN MILD COGNITIVE IMPAIRMENT AND ALZHEIMER'S DISEASE

Aurora D'atri (L'Aquila)

15.45 – 16.00

DISCUSSION

16.00 – 17.00

INDUSTRY LECTURES

17.00 – 19.00

GENERAL AIMS ASSEMBLY AND ELECTION OF NEW AIMS BOARD



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08.30 – 09.45

NEW MARKERS IN OSA

Chairs: Marisa Bonsignore (Palermo);
Francesco Fanfulla (Pavia)

08.30 – 08.45

IS THERE A PLACE FOR EPIGENETICS

Maria Paola Mogavero (Bari)

08.45 – 09.00

NEW FUNCTIONAL MARKERS OF CARDIO-VASCULAR IMPAIRMENT

Martino Pengo (Milano)

09.00 – 09.15

VENTILATORY TREATMENT: IN SEARCH OF ALTERNATIVE OUTCOMES

Stefania Redolfi (Brescia)

09.15 – 09.30

OBSTRUCTIVE SLEEP APNOEA (OSA) IN CHILDREN: AN UPDATE

Melania Evangelisti (Roma)

09.30 – 09.45

DISCUSSION

09.45 – 11.00

NARCOLEPSY: FROM BASIC SCIENCES TO CLINICAL SLEEP MEDICINE

Chair: Giuseppe Plazzi (Bologna)

09.45 – 10.00

UPDATE ON EXPERIMENTAL DATA IN NARCOLEPSY

Alessandro Silvani (Bologna)

10.00 – 10.15

POLYSOMNOGRAPHIC DIAGNOSIS OF NARCOLEPSY AND CENTRAL DISORDERS OF HYPERSOMNOLENCE

Fabio Pizza (Bologna)

10.15 – 10.30

TELEMEDICINE FOR NARCOLEPSY

Francesca Ingravallo (Bologna)

10.30 – 10.45

PHARMACOLOGICAL TREATMENT OF NARCOLEPSY

Claudio Liguori (Roma)

10.45 – 11.00

DISCUSSION

11.00 – 11.15

COFFEE BREAK

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11.15 – 12.30

NON-VENTILATORY THERAPIES FOR OSA: WHEN, HOW, WHY 2021

Chairs: Giulio Alessandri Bonetti (Bologna);
Claudio Vicini (Forlì)

11.15 – 11.30

UPDATE ON MAD THERAPY

Chiara Stipa (Bologna)

11.30 – 11.45

SHORT AND LONG TERM SIDE EFFECTS OF MAD THERAPY

Luca Mezzofranco (Padova)

11.45 – 12.00

SURGERY, AN OVERVIEW OF THE AVAILABLE OPTIONS

Andrea De Vito (Ravenna)

12.00 – 12.15

OUTCOMES OF SURGERY IN AN EBM PERSPECTIVE

Alessandro Bianchi (Milano)

12.15 – 12.30

DISCUSSION

12.30 – 13.00

INDUSTRY LECTURES

13.00 – 14.00

LUNCH

14.00 – 15.15

INSOMNIA

Chairs: Lino Nobili (Genova);
Luigi Ferini Strambi (Milano)

14.00 – 14.15

PRE-SLEEP AROUSAL AND SLEEP QUALITY DURING THE COVID-19 LOCKDOWN IN ITALY: CROSS-SECTIONAL AND LONGITUDINAL AIMS STUDIES

Maurizio Gorgoni (Roma)

14.15 – 14.30

INSOMNIA IN PRIMARY CARE: A SURVEY CONDUCTED ON ITALIAN PATIENTS OLDER THAN 50 YEARS

Paola Proserpio (Milano)

14.30 – 14.45

INSOMNIA, CIRCADIAN RHYTHMS AND MENTAL HEALTH

Laura Palagini (Ferrara)

14.45 – 15.00

INSOMNIA IN CHILDHOOD: IMPACT ON DEVELOPMENT AND MENTAL HEALTH

Oliviero Bruni (Roma)

15.00 – 15.15

DISCUSSION

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15.15 – 16.15 LECTURES

15.15 – 15.45
**FARPRESTO: THE ITALIAN REGISTRY OF REM
BEHAVIOR DISORDER**
Monica Puligheddu (Cagliari)

15.45 – 16.15
**TRAVELLING IN THE SLEEP UNIVERSE: WHEN
SCIENCE AND ART MEET (IN HONOR OF
NANNI TERZANO)**
Liborio Parrino (Parma)

16.15 – 17.00 ORAL COMMUNICATIONS